

# Seasonal Green Vegetables

## NUTRITION INFORMATION

Servings per package: 2

Serving size: 114g

|              | Average Quantity<br>per Serving | Average Quantity<br>per 100g |
|--------------|---------------------------------|------------------------------|
| ENERGY       | 122kJ (29Cal)                   | 107kJ (26Cal)                |
| PROTEIN      | 2.4g                            | 2.1g                         |
| FAT, TOTAL   | 0.2g                            | 0.2g                         |
| - SATURATED  | 0.0g                            | 0.0g                         |
| CARBOHYDRATE | 2.9g                            | 2.5g                         |
| - SUGARS     | 2.3g                            | 2.0g                         |
| SODIUM       | 7mg                             | 6mg                          |

Ingredients: Green Beans, Broccolini, Zucchini, Lemon.