

# Rice Pilaf

## NUTRITION INFORMATION

Servings per package: 2

Serving size: 98g

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	1270kJ (304Cal)	1300kJ (310Cal)
PROTEIN	5.5g	5.6g
FAT, TOTAL	11.5g	11.7g
- SATURATED	1.9g	1.9g
CARBOHYDRATE	41.7g	42.5g
- SUGARS	1.3g	1.3g
SODIUM	242mg	246mg

Ingredients: Basmati Rice, Onion, Chicken Stock (Salt, Flavour Enhancers (621, 631, 635), Maltodextrin (From Maise), Cornstarch, Flavourings (Contain Egg And Milk), Sugar, Chicken Meat Powder, Vegetable Oil, Chicken Fat, Yeast Extract, Powder, Thickener (415), Spice, Colour), Clove, Wild Rice, Olive Oil, Vegetable Oil, Cumin Seed, Coriander Seed, Chive, Cinnamon, Green Cardomom Seed.

**Contains Egg, Milk.**