

Chicken Cacciatore With Pan Seared Polenta

NUTRITION INFORMATION

Servings per package: 1

Serving size: 669g

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	3310kJ (790Cal)	494kJ (118Cal)
PROTEIN	73.6g	11.0g
FAT, TOTAL	35.8g	5.4g
- SATURATED	12.7g	1.9g
CARBOHYDRATE	38.1g	5.7g
- SUGARS	7.1g	1.1g
SODIUM	1450mg	217mg

Ingredients: Chicken Thigh, Tomato, Red Capsicum, White Wine, Chicken Stock, Polenta, Onion, Flour, Capers, Vinegar, Unsalted Butter, Parmesan Cheese, Rice Bran Oil, Kalamata Olive (Pitted), Garlic, Basil, Sea Salt, Tabasco Sauce.

Contains Cereals Containing Gluten, Egg, Milk.