

# Beef Burgandy With Rice Pilaf

## NUTRITION INFORMATION

Servings per package: 1

Serving size: 703g

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	4280kJ (1020Cal)	608kJ (145Cal)
PROTEIN	85.3g	12.1g
FAT, TOTAL	45.4g	6.5g
- SATURATED	16.8g	2.4g
CARBOHYDRATE	59.4g	8.4g
- SUGARS	14.3g	2.0g
SODIUM	872mg	124mg

Ingredients: Beef, Mushroom, Onion, Red Wine, Basmati Rice, Leek, Bacon, Carrot, Chicken Stock, Clove, Unsalted Butter, Flour, Tomato Sauce, Castor Sugar, Wild Rice, Olive Oil, Vegetable Oil, Dijon Mustard, Worcestershire Sauce, Celery, Parsley, Cumin Seed, Coriander Seed, Cider Vinegar, Chive, Bay Leaf, Thyme, Cinnamon, Green Cardomom Seed, Black Pepper.

**Contains Cereals Containing Gluten, Egg, Milk.**