

Italian Lamb With Peperonata

NUTRITION INFORMATION

Servings per package: 1

Serving size: 868g

	Average Quantity per Serving	Average Quantity per 100g
ENERGY	5150kJ (1230Cal)	593kJ (142Cal)
PROTEIN	67.1g	7.7g
FAT, TOTAL	92.8g	10.7g
- SATURATED	32.4g	3.7g
CARBOHYDRATE	25.7g	3.0g
- SUGARS	11.5g	1.3g
SODIUM	8880mg	1020mg

Ingredients: Lamb Shoulder (Bone In), Red Capsicum, Potato, Yellow Capsicum, Red Wine, Natural Greek Yoghurt, Tomato, Kalamata Olive (Pitted), Green Capsicum, Red Onion, Salt, Olive Oil, Capers, Vinegar, Garlic, Rice Bran Oil, Leek, Basil, Lemon Juice, Parsley, Thyme, Tomato Paste, Bay Leaf, Sea Salt, Rosemary, Smoked Paprika, Black Pepper.

Contains Milk.